



Coronavirus (COVID-19) and Your *Island Flex* Account

(Updated May 2021)

The IRS released several regulation changes, including the CARES Act, Notice 2020-23, Notice 2020-29, and Notice 2020-33, which have major implications for cafeteria plans, including your *Island Flex* Plan. Please see below for the important changes to be aware of.

Mandatory Change to Claim Processing Deadlines

Cafeteria plans must extend the run-out period to submit claims beyond the plan year and continue processing claims during the Government declared Outbreak Period, which is March 1, 2020 until 60 days after the announced end of the National Emergency, which will be sometime in the future.

- What does this mean for *Island Flex*? It is unknown if this extension will still be in place by the time the run-out period ends for the current *Island Flex* plan year. We recommend you still plan to submit all current year claims (i.e. services incurred 7/1/20-6/30/21) by the typical deadline of 9/28/2021 but wanted to make you aware that the deadline may be extended.

OTC drugs and medicines are now eligible for reimbursement without a prescription

OTC drugs and medicines are now eligible for reimbursement from your Healthcare FSA without a prescription. In addition, menstrual care products are now considered qualified medical expenses.

- What does this mean for *Island Flex*? These changes are effective for purchases made on or after January 1, 2020. If you purchased OTC medicines or menstrual products on or after January 1, 2021, you can submit a request for reimbursement, along with your itemized receipt showing date of purchase.

If you have any questions about your *Island Flex* benefit please
contact NBS at 808-465-2284 or 855-399-3035